

# FALCONS are:

Knowledgeable

Balanced

Risk-taking

Principled

**Attendance: You matter**

**Attitude: Actions matter**

**Academics: Learning matters**



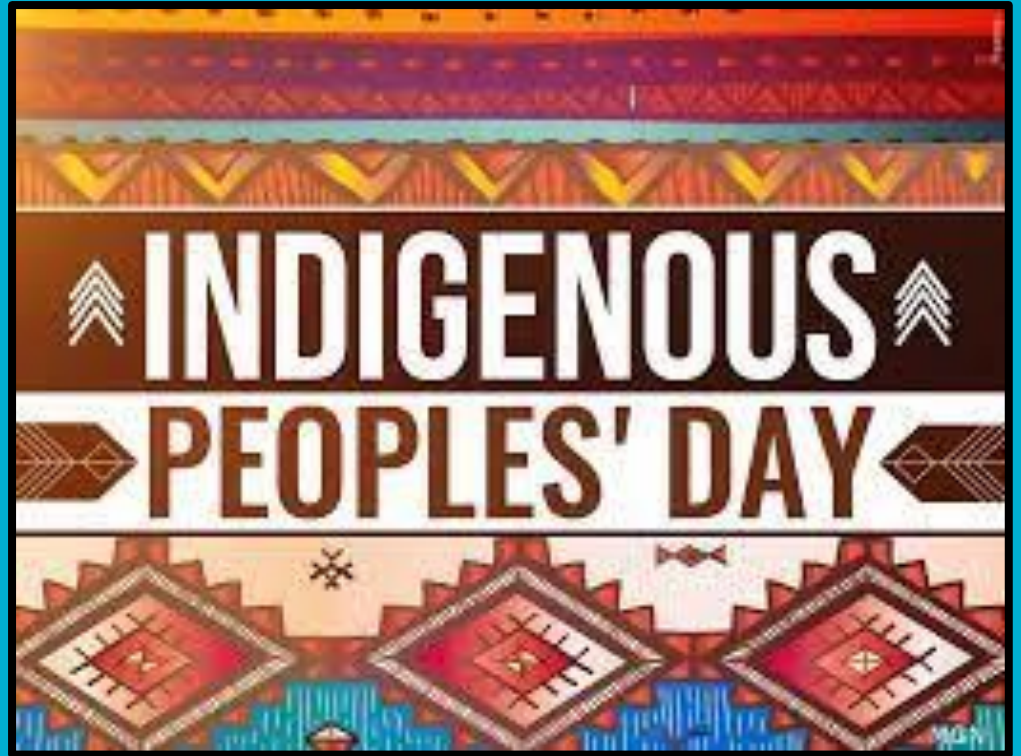
Monday, October 9, 2023  
Period 1

**The United Nations' Message on International Indigenous Day is still relevant today, as October 9th marks the U.S. Indigenous Day.**

**Please listen and take a moment to pay tribute to the Indigenous People of the world.**

**Click on the link below:**

**[United Nations Message](#)**



**October 9, 2023**

Source: Indigenous Peoples Day 2021 at the Indian Pueblo Cultural Center



# The Falcon Way: Andrew Hill's Message

**1. Attendance: You Matter!**

**2. Attitude: Actions Matter!**

**3. Academics: Learning Matters!**

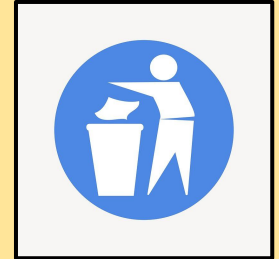


What do these icons or symbols mean, and how do they represent the Falcon Way?



# The Falcon Way: Andrew Hill's Message

- 1. Attendance:** You Matter!
- 2. Attitude:** Actions Matter!
- 3. Academics:** Learning Matters!



Match the icon/image with the Falcon Way.  
Explain your reasoning.





Falcons are **principled** in our daily lives

IB INQUIRY: WHAT ARE OUR FALCON EXPECTATIONS?



Andrew P. Hill High School  
Falcon Expectations

	You Matter	Actions Matter	Learning Matters
<b>All Settings</b>	<ul style="list-style-type: none"> <li>Advocate for your needs</li> <li>Balance your intellectual, physical, and emotional needs</li> <li>Positively acknowledge other Falcons</li> </ul>	<ul style="list-style-type: none"> <li>Be kind, courteous, and respectful</li> <li>Be mindful of your surroundings</li> <li>Be principled and take responsibility</li> </ul>	<ul style="list-style-type: none"> <li>Be physically present</li> <li>Be knowledgeable about resources, activities, and news</li> <li>Follow your curiosity and interests</li> </ul>
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[Expectations-Spanish](#)

[Expectations-Vietnamese](#)

[Expectations Link](#)



*Falcons reflect on our motivations, decisions, and ourselves.*

IB INQUIRY: HOW DOES SELF-REFLECTION SHOW THAT OUR ACTIONS MATTER?

*Reflection questions:*

- 1) How has this school year been for you?*
- 2) What did you struggle with and how did you deal with it?*
- 3) How did the athletes deal with setbacks?*



[Video Link: 1:25 mins](#)



# Falcons reflect on our progress.

## IB INQUIRY: HOW DOES SELF-REFLECTION SHOW THAT OUR ACTIONS MATTER?

### Reflect on your 1st Grading Period:

- 1) *How was your attendance, attitude, and academics?  
Share with a nearby partner.*
  - a) *What are some of your successes?*
  - b) *What are some of your struggles?*
  
- 2) *What are your new goals for Grading Period 2?*
  - a) *Share with a partner*
  - b) *Complete the SMART Goals worksheet.*

GOAL #1: Choose a goal that will improve something that You do:

	WORD	EXPLANATION	MY GOAL
S	SPECIFIC	Set a goal that is specific enough to be accomplished.	
M	MEASURABLE	Establish criteria (what you have to show) for the goal to be	
A	ACTION-ORIENTED	Involves specific actions that will result in your reaching the goal	
R	REALISTIC	Should be something that is attainable given the resources and limitations that you have	
T	TIMELY	Allow reasonable time to complete each goal, but not so much time that you lose focus	

My SMART Goal is.....(S). I will know that I have reached my goal if.....(M). In order to reach it, I will take the following actions like.....(A). I will also.....(R) I plan to accomplish my goal by.....(T).



# Falcons learn *TIME MANAGEMENT* techniques.

IB INQUIRY: WHY IS IT IMPORTANT TO MANAGE YOUR TIME ON A DAILY BASIS?

## *Time Management Quick Write*

*Respond to the questions in 4-7 sentences.*

- 1. What responsibilities do you have at school and outside of school?*
- 2. How do you balance school and those responsibilities every day?*
- 3. How do you keep track of your busy schedule (school work, work, social life, etc.)?*
- 4. What might help you manage your time better?*



[Video Link: 2:04 mins](#)





# *Falcons PUSH FORWARD!*

How can we connect this example to the Falcon Way?



**“Giving the support is important, so [the jumper] can know that no matter how many mistakes you did, you can come back from it. You’re still gonna be a winner at the end of the day.”**

–Khnaue Robinson, senior

Video: 2:04 Link: [Great Big Story: Ropes, Rhythm, and Life](#)

Period 4



# Falcons learn *TIME MANAGEMENT* techniques.



[Video Link: 2:22 mins](#)

**IB INQUIRY: HOW WILL TIME MANAGEMENT HELP YOU SUCCEED?**

**Directions:** Let's prioritize together!

- Chemistry assignment due tomorrow
- Clean my room
- Listen to music
- Watch Netflix
- English assignment due today
- Start history project that's due next week
- Have lunch
- Take a nap

**Period 5**



*Falcons are persistent and manage their time wisely.*

Falcon  
Tutoring Center

**BEFORE &  
AFTER SCHOOL  
TUTORING**

ROOM 407

MONDAY - FRIDAY  
STARTING AT 7:30 AM  
AFTER YOUR LAST PERIOD

Math, Science, English, Social  
Studies, and more!

Where can you go if you need help with homework?

- \*Go to 407
- \*See your teachers
- \*Use Paper.co
- \*Attend office hours.

Tutors are available to assist you in hundreds of subjects, including:

- \* English
- \* Math
- \* Writing
- \* Physics
- \* Social Sciences
- \* And more!

**To access Paper follow the instructions below:**

1. Login to ARMS (<https://arms.esuhsd.org>)
2. Under Applications, click Paper



Period 5



# Falcons are caring and considerate.

## IB INQUIRY: HOW DO WE SHOW THAT WE CARE ABOUT OUR ENVIRONMENT AND OTHERS?

### Discuss with a partner:

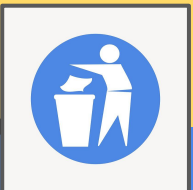
- *What are ways to show that we care about our campus?*
- *In what ways, can we show our custodians that we are considerate of them?*

Period 6

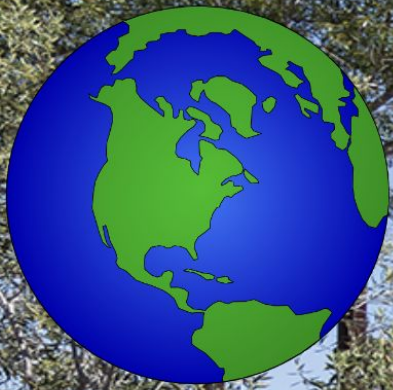


### We need your help to keep Andrew Hill beautiful!

- Throw garbage in trash cans.
- Put recycling items in the recycling bins.
- Clean up your area.
- Remind others to throw away their garbage in the trash.



***KEEP ANDREW HILL BEAUTIFUL.***



**Period 6**

[Image source by Pacific View Charter Newsletter](#)

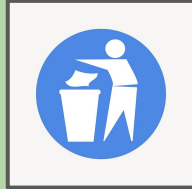


# What will you do to keep Andrew Hill Beautiful?

IB INQUIRY: HOW DO WE SHOW THAT WE CARE ABOUT OUR ENVIRONMENT AND OTHERS?

*Keep your area clean.*

*Do your part.*



*Be considerate.*



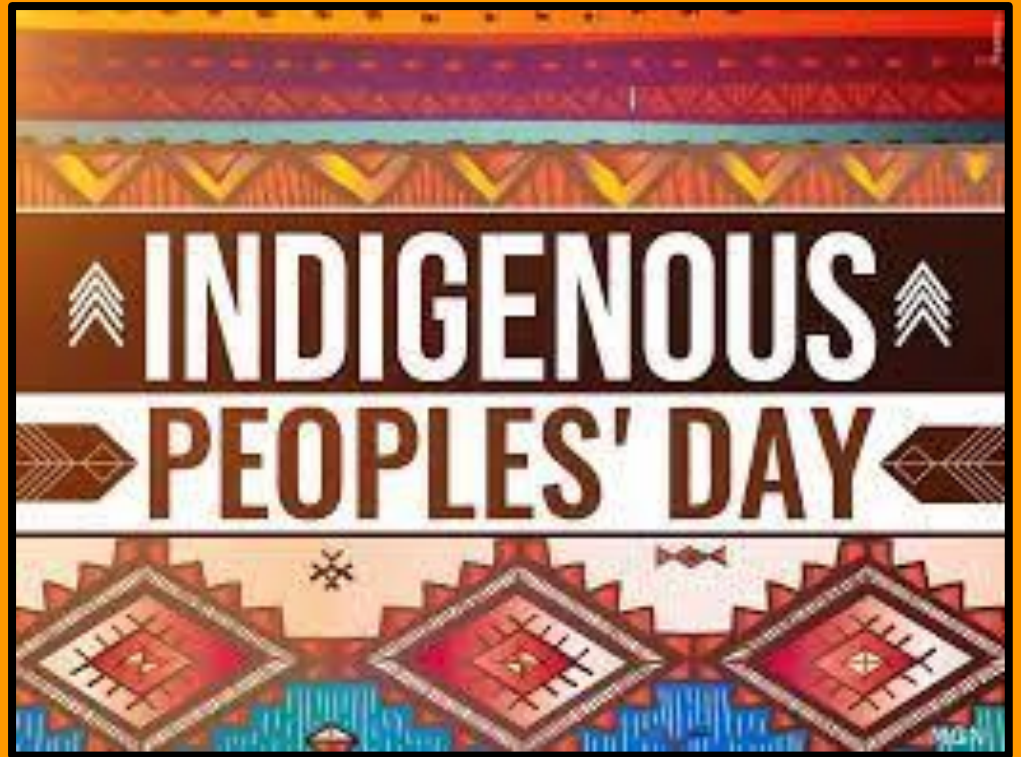
Period 7:  
Do the lesson for  
Slide 1-3

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